

100 Meter Dash

1 Nick Opatz, 12, Sartell X	11.64
2 Ralando Peco, 9, Duluth Central	11.65
3 Daniel Voigt, 11, South St. Paul X	11.77
4 Louis Winkowski, 11, Sauk Rapids X	11.96
5 Nathan Kinsay, 12, Duluth Central	11.98
6 Brian Baca, 12, Fairmont X	12.00
7 Tom Greeley, 12, Red Wing X	12.01
8 Mike Litecky, 10, Totino Grace	12.06
8 Jessie Linstroth, 11, Totino Grace	12.06
10 David Kelley, 9, Sauk Rapids X	12.07
11 Jason Scheff, 12, Fairmont X	12.19
12 Matt Diercks, 11, Red Wing X	12.24
13 Dan Waletzko, 9, Sartell X	12.33
14 John Hart, 9, South St. Paul X	12.38
15 Matt Haller, 9, StMichael-Albertville X	12.68
16 Tim Rutten, 11, Staples-Motley X	12.69
17 Peter Mosher, 10, StMichael-Albertville X	12.78
18 Cyal Lecy, 11, Staples-Motley X	13.66

200 Meter Dash

1 Mitch Potter, 12, StMichael-Albertville	22.38
2 Nick Opatz, 12, Sartell	23.00
3 Ralando Peco, 9, Duluth Central	23.14
4 Tim Petron, 11, Totino Grace	23.20
5 Ryan Nowak, 11, Fairmont	23.59
5 Ricky Terpstra, 10, Sartell	23.59
7 Brian Baca, 12, Fairmont	23.67
8 Josh Gunderson, 12, Sauk Rapids	23.75
9 Nathan Kinsay, 12, Duluth Central	23.82
10 Josh Theis, 11, Sauk Rapids	23.95
11 Zach Groen, 10, Totino Grace	23.99
12 Bob Jares, 11, Staples-Motley	24.04
13 Adam Nelson, 12, Red Wing	24.10
14 Daniel Voigt, 11, South St. Paul	24.12
15 Eric Tix, 12, Red Wing	24.17
16 John Hart, 9, South St. Paul	24.42
17 Tony Johnson, 10, Staples-Motley	24.57
18 Tim Benias, 12, StMichael-Albertville	24.97

400 Meter Dash

1 Josh Gunderson, 12, Sauk Rapids	51.07
2 Ralando Peco, 9, Duluth Central	51.08
3 Thomas Hart, 11, South St. Paul	51.09
4 Kevin Riester, 11, Red Wing	51.50
5 Kamden Vedder, 11, Duluth Central	51.52
6 Ryan Nowak, 11, Fairmont	51.57
7 Steve Hengel, 11, Sartell	51.69
8 Robert Tix, 11, Red Wing	52.06
9 Brandon Beaudry, 10, StMichael-Albertville	52.20
10 Bob Jares, 11, Staples-Motley	52.42
11 Tony Johnson, 10, Staples-Motley	52.81
12 Ross Armstrong, 12, Sauk Rapids	53.19
13 Mike Vigoren, 10, Sartell	53.21
14 Steve Jaeger, 12, Totino Grace	53.66
15 Eric Cameron, 12, Totino Grace	54.64
16 Trevor Vossen, 12, StMichael-Albertville	54.83
17 Nate Murfield, 12, Fairmont	55.29
18 Jamie Ehrreich, 12, South St. Paul	55.43

800 Meter Run

1 Neil Hanson, 12, Fairmont	1:57.97
2 Martin Robeck, 11, StMichael-Albertville	1:57.99
3 Mike Marschel, 11, Sartell	2:00.41
4 Dan Delinsky, 10, Sartell	2:03.35
5 Kurt Detloff, 11, Staples-Motley	2:03.40
6 Dave Ulvestad, 11, Red Wing	2:03.71
7 Nathan Hainey, 8, Sauk Rapids	2:03.73
8 Jeff Brever, 10, Staples-Motley	2:04.57
9 John Ryans, South St. Paul	2:05.21
10 Dan Smith, 12, Red Wing	2:05.36
11 Sven Glaser, 12, StMichael-Albertville	2:05.79
12 Phil Wood, 11, Duluth Central	2:07.30
13 James Oliver, 10, Fairmont	2:08.44
14 Paul Gans, 10, Sauk Rapids	2:10.56
15 Andrew Laliberte, 11, South St. Paul	2:11.21
16 Rory Cardinal, 9, Totino Grace	2:12.66
17 Andy Pamereoy, 11, Duluth Central	2:15.42
18 Rob Bennett, 11, Totino Grace	2:17.78

1600 Meter Run

1 Neil Hanson, 12, Fairmont	4:18.81
2 Martin Robeck, 11, StMichael-Albertville	4:19.31
3 Eric Klingaman, 12, Staples-Motley	4:24.34
4 Jeff Brever, 10, Staples-Motley	4:29.50
5 John Ryans, South St. Paul	4:33.02
6 Steve Pekarek, 12, Sauk Rapids	4:33.94
7 Mike Marschel, 11, Sartell	4:35.36
8 Joe Lynch, 11, StMichael-Albertville	4:36.89
9 Dan Delinsky, 10, Sartell	4:37.84
10 Phil Midler, 12, Red Wing	4:40.13
11 Jeremy Pekarek, 10, Sauk Rapids	4:42.65
11 Jeff Lemire, 11, South St. Paul	4:42.65
13 Judd Wrucke, 12, Fairmont	4:49.54
14 Chad Reuter, 11, Red Wing	4:50.15
15 Phil Wood, 11, Duluth Central	4:50.16
16 Chris Cummings, 9, Totino Grace	4:58.21
17 Matt Briel, 12, Totino Grace	5:11.34

3200 Meter Run

1 Eric Klingaman, 12, Staples-Motley	9:47.53
2 Shannon Webster, 11, Staples-Motley	9:54.61
3 Jeff Lemire, 11, South St. Paul	10:05.48
3 Steve Pekarek, 12, Sauk Rapids	10:05.48
5 Phil Midler, 12, Red Wing	10:11.49
6 Chad Reuter, 11, Red Wing	10:24.87
7 Joe Lynch, 11, StMichael-Albertville	10:26.27
8 Derek Dombrovski, 10, Sartell	10:27.47
9 Dustin Tino, 9, Fairmont	10:29.47
10 Tom Abramson, 12, Sartell	10:30.54
11 Matt Briel, 12, Totino Grace	10:39.30
12 Mat Mahoney, 12, Fairmont	10:40.14
13 Jeremy Pekarek, 10, Sauk Rapids	10:40.92
14 Trevor Vossen, 12, StMichael-Albertville	10:43.07
15 Brandon Tuttle, 9, Duluth Central	10:44.92
16 Grant Sormunen, 10, Duluth Central	10:45.42
17 Mike Staffa, 11, Totino Grace	10:47.92
18 Nick Janssen, 11, South St. Paul	10:56.82

110M High Hurdles

1 Mitch Potter, 12, StMichael-Albertville	14.93
2 Joel Gronvall, 11, Red Wing	16.20
3 Ryan Friesen, 10, Sartell	16.37
4 Justin Robson, 10, Fairmont	16.55
5 Joe Rapienski, 10, Totino Grace	16.57
6 Dan Reginek, 12, Sauk Rapids	16.62
7 Kiel Hart, 9, Sauk Rapids	16.77
8 Jeremy Lahaie, 12, Red Wing	16.84
8 Noah Alm, 12, Fairmont	16.84
10 Adam Barnett, 9, Staples-Motley	16.89
11 Adam Boser, 12, South St. Paul	17.02
12 Matt Heier, 12, Staples-Motley	17.74
13 James Condoluci, 10, Totino Grace	17.76
14 Mark Schuster, 11, South St. Paul	17.77
15 Mitch LaBorde, 10, Sartell	18.62
16 Joel Peterson, 12, StMichael-Albertville	18.94
17 Dan Parrault, 10, Duluth Central	22.11
18 Kyle Sulerud, 10, Duluth Central	23.68

300M Int Hurdles

1 Mitch Potter, 12, StMichael-Albertville	37.98
2 Joel Cappola, 10, Red Wing	40.99
3 Adam Boser, 12, South St. Paul	41.12
4 Ryan Friesen, 10, Sartell	41.65
5 Justin Robson, 10, Fairmont	42.14
6 Joe Rapienski, 10, Totino Grace	42.35
7 Joel Gronvall, 11, Red Wing	42.46
8 James Condoluci, 10, Totino Grace	42.66
9 Jared Lazer, 9, Sauk Rapids	42.82
10 Noah Alm, 12, Fairmont	42.91
11 Adam Barnett, 9, Staples-Motley	43.52
12 Mike Sexton, 10, Sartell	43.98
13 Mark Schuster, 11, South St. Paul	45.20
14 Cyal Lecy, 11, Staples-Motley	45.23
15 Eric Holland, 10, StMichael-Albertville	45.45
16 Chris Fuchs, 11, Sauk Rapids	47.68
17 Kyle Sulerud, 10, Duluth Central	53.96

Long Jump

1 Ralando Peco, 9, Duluth Central	23-1 3/4
2 Andrew Kisselius, 12, Totino Grace	21-9
3 Brian Baca, 12, Fairmont	21-7
4 Kevin Riester, 11, Red Wing	21-0 1/2
5 David Kelley, 9, Sauk Rapids	20-11 1/4
6 Evan Frisk, 11, Staples-Motley	20-10 1/2
7 Mike Vigoren, 10, Sartell	20-8
8 Mark Schuster, 11, South St. Paul	20-2 1/2
9 Jared Lazer, 9, Sauk Rapids	19-10 1/2
10 Matt Diercks, 11, Red Wing	19-9 1/4
11 Paul Johnson, 10, Totino Grace	19-6
12 Matt Heier, 12, Staples-Motley	19-4
13 Shawn Holmgren, 12, South St. Paul	19-3
14 Nick Opatz, 12, Sartell	19-1 1/2
15 Sven Glaser, 12, StMichael-Albertville	18-8 1/2
16 Trevor Vossen, 12, StMichael-Albertville	18-3
17 Brice Faster, 9, Duluth Central	17-6

Triple Jump

1 Andrew Kisselius, 12, Totino Grace	46-2
2 Matt Diercks, 11, Red Wing	41-10
3 David Kelley, 9, Sauk Rapids	41-7
4 Shawn Holmgren, 12, South St. Paul	41-6 3/4
5 Jason Scheff, 12, Fairmont	41-3 1/2
6 Evan Frisk, 11, Staples-Motley	41-1 1/4
7 Trevor Vossen, 12, StMichael-Albertville	40-6
8 Pat Paschke, 10, Fairmont	40-3 3/4
9 Prince Tebbs, 12, Totino Grace	39-10 3/4
10 Adam Barnett, 9, Staples-Motley	39-3 1/4
11 Peter Ubbelohde, 12, Red Wing	38-5 1/2
12 Joel Peterson, 12, StMichael-Albertville	38-4 3/4
13 Mark Schuster, 11, South St. Paul	38-3 1/2
14 Nick Orndorff, 12, Sartell	37-7 1/4
15 Dan Reginek, 12, Sauk Rapids	37-6 1/2
16 Ryan Friesen, 10, Sartell	37-5 3/4
17 Andreas Knechtle, 12, Duluth Central	35-0
18 Chris Conner, 12, Duluth Central	31-4 1/4

Shot Put

1 Brandon Flicker, 11, Sartell	52-2 1/2
2 Fran Headline, 12, StMichael-Albertville	48-8 1/2
3 Josh Merrick, 12, Sauk Rapids	48-8
4 Justin Kortuem, 12, StMichael-Albertville	48-8
5 Andy Klint, 12, Totino Grace	48-7
6 Adam Nelson, 12, Red Wing	46-5
7 Kile Wirth, 11, Totino Grace	44-8
8 Kevin Holubar, 11, Duluth Central	44-7
9 Mike Core, 12, Fairmont	43-10
10 Logan Kane, 12, South St. Paul	41-4 1/2
11 Paul Krahmer, 11, Fairmont	41-3
12 Adam Oling, 10, Duluth Central	40-10
13 Troy Roering, 11, Sauk Rapids	40-6
14 Josh Arndt, 12, Red Wing	39-5 1/2
15 Tim Rutten, 11, Staples-Motley	37-8 1/2
16 Pj Lande, 11, Sartell	37-4 1/2
17 Andrew Steffen, 12, South St. Paul	36-9 1/2
18 Matt Schwichtenberg, 10, Staples-Motley	34-6 1/2

Discus Throw

1 Andy Klint, 12, Totino Grace	163-9
2 Brandon Flicker, 11, Sartell	150-2
3 Dan Zavala, 12, Sartell	144-11
4 Kevin Holubar, 11, Duluth Central	142-9
5 Cody Marks, 7, South St. Paul	139-2
6 Don Braunworth, 12, StMichael-Albertville	138-2
7 Justin Hake, 9, Red Wing	131-11
8 Aaron Cody, 10, Red Wing	128-8
9 Mike Core, 12, Fairmont	127-5
10 Chris Hempel, 12, South St. Paul	125-1
11 Justin Kortuem, 12, StMichael-Albertville	123-4
12 Josh Merrick, 12, Sauk Rapids	120-6
13 Peter Koch, 10, Totino Grace	119-4
14 Ron DeMaris, 11, Staples-Motley	113-2
15 Paul Krahmer, 11, Fairmont	110-10
16 Daniel Sauer, 9, Sauk Rapids	109-4
17 Adam Oling, 10, Duluth Central	104-11
18 Mike Brenna, 9, Staples-Motley	95-6

High Jump

1 Mitch Potter, 12, StMichael-Albertville	6-4
2 Josh Paulson, 11, Sauk Rapids	6-4
3 David Kelley, 9, Sauk Rapids	6-4
4 Shawn Holmgren, 12, South St. Paul	6-2
5 Jesse Fagerland, 10, Sartell	5-10
6 Justin Robson, 10, Fairmont	5-10
6 Matt Heier, 12, Staples-Motley	5-10
8 Kevin Riester, 11, Red Wing	5-10
9 Ryan Friesen, 10, Sartell	5-10
10 Dave Ebel, 11, Fairmont	5-10
11 Andreas Knechtle, 12, Duluth Central	5-10
12 Paul Johnson, 10, Totino Grace	5-8
13 Mike Anderson, 12, Red Wing	5-8
14 Daniel Lencowski, 10, South St. Paul	5-8
15 Adam Platenberg, 11, StMichael-Albertville	5-6
16 Tim Petron, 11, Totino Grace	5-4
17 Eric Klingaman, 12, Staples-Motley	5-2
18 Dan Parrault, 10, Duluth Central	5-2

Pole Vault

1 Jason Heath, 12, Red Wing	13-0
2 Kurt Detloff, 11, Staples-Motley	12-6
2 Joel Peterson, 12, StMichael-Albertville	12-6
4 Adam Platenberg, 11, StMichael-Albertville	12-6
5 Matt Heier, 12, Staples-Motley	12-6
6 Andy Dommer, 11, Red Wing	12-0
7 Dan Reginek, 12, Sauk Rapids	11-6
8 Tim Pamell, 12, Fairmont	11-0
9 Josh Kuisle, 12, Fairmont	10-6
10 Paul Gans, 10, Sauk Rapids	9-6
11 Ben Schumacher, 10, Duluth Central	9-0
11 Juan Martinez, 7, South St. Paul	9-0
13 Matt Anderson, 8, Sartell	9-0
14 Ryan Cosgrove, 9, South St. Paul	8-6

4 X100 Meter Relay

1 Totino Grace	43.84
2 Red Wing	44.90
3 Sauk Rapids	45.01
4 Fairmont	45.03
5 Sartell	46.08
6 StMichael-Albertville	47.55
7 Staples-Motley	48.00
8 South St. Paul	48.24
9 Duluth Central	48.55

800 Meter Relay

1 Totino Grace	1:32.08
2 Sartell	1:33.01
3 Sauk Rapids	1:33.04
4 Red Wing	1:33.29
5 Staples-Motley	1:34.65
6 South St. Paul	1:34.78
7 Fairmont	1:35.81
8 StMichael-Albertville	1:37.37
9 Duluth Central	1:38.13

4X400 Meter Relay

1 Red Wing	3:28.33
2 Sartell	3:29.35
3 Fairmont	3:31.40
4 StMichael-Albertville	3:31.73
5 Totino Grace	3:32.05
6 Sauk Rapids	3:35.87
7 Staples-Motley	3:36.46
8 South St. Paul	3:39.32
9 Duluth Central	3:46.08

4X800 Meter Relay

1 StMichael-Albertville	8:16.83
2 Sartell	8:17.76
3 Fairmont	8:18.98
4 Red Wing	8:22.35
5 Staples-Motley	8:26.92
6 Sauk Rapids	8:46.34
7 South St. Paul	8:53.76
8 Duluth Central	9:16.92
Totino Grace	DNF

TEAM SCORES

1 Red Wing	399.5
2 Sartell	383.5
3 Sauk Rapids	362.0
4 Fairmont	359.5
5 StMichael-Albertville	346.5
6 Totino Grace	298.0
7 Staples-Motley	296.0
8 South St. Paul	270.5
9 Duluth Central	202.5